

## Get Your Armour On

Ephesians 6 v 10-18

### 1. Soldiers of Christ

- a. Ready for war
- b. Equipped for war

### 2. Helmet of Salvation

- a. Assurance
- b. Take every thought captive - 2Corinthians 10v5
- c. Renew your mind - Romans 12v2; Ephesians 4v23

### 3. Breastplate of Righteousness

- Walking in holiness and purity - Ephesians 4-5

### 4. Belt of Truth

- Living with honesty and integrity - Ephesians 4v25

### 5. Gospel Shoes

- Living a Gospel lifestyle - Romans 10v14-15

### 6. Shield of Faith

- Cannot trust God Too much - Hebrews 3v19

### 7. Sword of the Spirit

- Word of God - Hebrews 4v12-13

### 8. Praying with All Prayer - Luke 18v1; Luke 11v9-10

### Welcome

What is your favourite music and why?

### Worship

Use Ephesians 6 v10-18 as a basis for praying for one another's protection. Perhaps each person could pray a particular piece in place.

### Word

1. In what specific ways have you had experience of being in a spiritual battle?
2. In what ways has the spiritual armour been helpful to you?
3. What do you not understand about spiritual battles and the armour and on what would you like more teaching?

### Witness

Pray for new Christians and those taking new steps of obedience as they battle against the Devil's opposition.